

## Participation Agreement

HART reserves the right to verify bicycle commuting through random checks at commuter worksites. Any fraudulent use of the program will result in immediate dismissal from the program and voids provision of any or all program incentives.

## Waiver of Liability

In consideration of my registration in the BikeCare Program, I waive, release, and discharge any and all claims for damages for personal injury, death, or property damage which I may currently have or which may subsequently arise, in whole or part, as a result of my participation. I understand that my participation is at my own risk.

I understand that bicycling is a physical activity and that it is my responsibility to consult a physician on my health prior to cycling. I further understand that the maintenance and condition of my bicycle is my responsibility in preparation for any ride.

I acknowledge that HART has advised me to wear a bicycle helmet, reflective clothing, and to utilize additional reflective items (tape, clips, etc) on my bicycle to improve my visibility to motorists.

I hereby assume the risk of cycling to work and acknowledge and accept those risks, including traveling on roads that are open to vehicular traffic. I understand that it is my responsibility to identify the safest route for my travel and that any information provided by HART is for my information and consideration only and does not constitute an endorsement of safe route travel by HART.

I understand that my participation is at my own risk and that I should consult with my insurance provider regarding appropriate coverage. I understand that in NJ, the law states that a bicyclist must obey all state and local automobile driving laws.

This release, waiver and discharge extends to all members of the HART Board of Directors, Staff and Members.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

## NJ Bicycle Regulations (N.J.S.A 39:4-14.2, 39:4-10.11)

Every person riding a bicycle on a roadway shall ride as near to the right roadside as practicable exercising due care when passing a standing vehicle or one proceeding in the same direction. A bicyclist may move left under any of the following conditions: 1) To make a left turn from a left turn lane or pocket; 2) To avoid debris, drains, or other hazardous conditions on the right; 3) To pass a slower moving vehicle; 4) To occupy any available lane when traveling at the same speed as other traffic; 5) To travel no more than two abreast when traffic is not impeded, but otherwise ride in single file. Every person riding a bicycle should ride in the same direction as vehicular traffic.

In New Jersey, the law states a bicyclist must obey all state and local automobile driving laws.

### 39:4-10 Lights on Bicycles

When in use at nighttime every bicycle shall be equipped with: 1) A front headlamp emitting a white light visible from a distance of at least 500 feet to the front; 2) A rear lamp emitting a red light visible from a distance of at least 500 feet to the rear; 3) In addition to the red lamp a red reflector may be mounted on the rear.

### 39:4-11 Audible Signal

A bicycle must be equipped with a bell or other audible device that can be heard at least 100 feet away, but not a siren or whistle.

### General Tips\*

1. Make yourself as visible as possible even during daylight: wear reflective and/or bright colored clothing, use front and rear lights
2. Ride with traffic; never against traffic.
3. Ride as near to the right as practical.
4. Stop at stop signs and red lights.
5. Honor others' right of way.
6. Use hand signals.
7. With traffic or with groups, ride single file.
8. Be predictable; don't weave.
9. Follow lane markings.
10. Don't needlessly block the road.
11. Use lights at night.

\* HART assumes no responsibility or liability for any injuries related directly or indirectly to the ideas provided herein.

Suggested Bicycle Commuting Resource  
[www.bikeleague.org](http://www.bikeleague.org)

## HART Commuter Information Services

146 Route 31 North, Suite 400  
Flemington, New Jersey 08822  
Phone | 908.788.5553  
Fax | 908.788.8583

[www.harttma.com](http://www.harttma.com)  
[info@harttma.com](mailto:info@harttma.com)

The preparation of this brochure is financed in part by the New Jersey Department of Transportation (NJDOT) and the Federal Highway Administration (FHWA). This document is disseminated under the sponsorship of NJDOT and FHWA in the interest of information exchange. NJDOT and FHWA assume no liability for its contents or use thereof.

# Bicycle to Work

A greener commute



Find out how!

Cycling can be a great commute option. There are lots of good reasons to give it a try.

Commuters who bicycle to a Hunterdon County worksite or public transit station at least two days per week, even seasonally, and register with HART, are eligible for:

Yes, I will ride my bicycle to work at least two days per week. Please register me!

### Save money

You can save on commute costs by using "pedal power" instead of gasoline for your car. With today's fuel costs, each mile can add up!

### Health benefits

Whether you are an avid cyclist or casual weekend rider, combining your workout with your commute ensures that you fit exercise into your schedule.

### One Less Car

When you choose to cycle instead of taking your car, you reduce traffic congestion and the amount of harmful emissions released into the atmosphere.



### "Go Green, Save Green"

Registered bicycle commuters are eligible to receive discounts at local bike shops, retailers, restaurants, and services.



### Routing Assistance

HART may be able to assist you in identifying routes to work.

### Emergency Ride Home

Cycling commuters never have to worry about getting home in the event of inclement weather or a mechanical problem. HART's Emergency Ride Home Program will subsidize the cost to get you home.



### Contact Information

Last Name .....

First Name .....

Address .....

City | State | Zip .....

Home phone (     ) .....

Home email .....

I plan to bicycle ..... miles one way ..... days/week average

### Employer/Worksite Information

Company Name .....

Address .....

City | State | Zip .....

Work Phone (     ) .....

Work hours ..... am|pm to ..... am|pm

Work email .....

When not cycling, my commute is by:

Driving Alone                       Carpooling/Vanpooling

Use Public Transit                       Bicycling

Other .....

\*Cyclist must commute by bike a minimum of 2 consecutive months to be eligible for program.

HART reserves the right to verify bicycle commuting through random checks at commuter worksites. Any fraudulent participation will result in immediate dismissal from the program.

**I have reviewed and signed the Participation Agreement and Waiver of Liability located on reverse.**

