

Bike Rodeo



What is a “Bike Rodeo”?

A Bike “Rodeo” is an afterschool safety event that teaches students the basic skills needed to handle their bikes and how to be safe near traffic.

The rodeo provides students with a chance to learn about and practice, safe bicycling skills in a controlled environment. The drills are based on the most common crashes for children, and how to avoid them. A Rodeo includes:

- Pre-ride bicycle safety check
- Bike sizing and seat adjustments
- Helmet fitting
- Bicycle handling drills
- Drills and information on how to interact with traffic



Bringing a Rodeo to Your School

Events are generally held in the school parking lot after school and take 1.5 hours.

HART will customize the rodeo format for the anticipated group size and student ages. HART will provide leadership and two staff members for the event.

Volunteers will be needed for groups larger than 20. HART will provide detailed instructions in advance and hand-on explanations for the volunteers before the rodeo.



What Grades are Appropriate?

Grades 1-3 benefit mostly from the handling drills

Grades 4-6 a key age group. Children are starting to ride on the road more and go further.

Grades 7-8 are old enough to fully grasp traffic rules and relationships between vehicles.



HART Commuter Information Services is the non-profit Transportation Management Association for Hunterdon County. HART currently facilitates Safe Routes to School programs and events at 10 Hunterdon County Schools. All HART services are free of charge.

For more information visit www.hartma.com/community or Contact:
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